

Books to Strengthen Your Relationship

Author	Title	Publisher / ISBN
Chapman, Gary	<i>The Five Love Languages</i>	Northfield Publishing 1-881273-62-8
Chapman, Gary; Thomas, Jennifer	<i>The Five Languages of Apology</i>	Northfield Publishing 78-1-881273-57-8
Eggerichs, Emerson	<i>Love and Respect</i>	Integrity Publishers 1-59145187-6
Luskin, Fred	<i>Forgive for Good</i>	HarperCollins 978-0-06-251721-0
Mason, Mike	<i>The Mystery of Marriage</i>	Multnomah 1-59052-374-1
Morris May, Sharon	<i>How to Argue So Your Spouse Will Listen</i>	Thomas Nelson 978-0-8499-1868-1
Penner, Clifford and Joyce	<i>The Gift of Sex: A Christian Guide to Sexual Fulfillment</i>	Word 0-8499-2893-1
Smalley, Gary	<i>The DNA of Relationships</i>	Tyndale House 0-8423-5532-4
Thomas, Gary	<i>Sacred Marriage</i>	Zondervan 0-310-24282-7
Thomas, Gary	<i>The Sacred Search</i>	David C. Cook 978-1-4347-0489-4
Wheat, Ed, M.D., and Gaye	<i>Intended for Pleasure: Sex Technique and Sexual Fulfillment in Christian Marriage</i>	Revell 0-8007-5856-0
Yerkovich, Milan and Kay	<i>How We Love: A Revolutionary Approach to Deeper Connections in Marriage</i>	Waterbrook Press 1-4000-7298-0

If you're unable to move beyond relational conflict, please know you're worth getting the help you need! Ask your pastor, priest, or rabbi to recommend professional counselors near you. In South Florida, look for counselors at sfacc.net; throughout the United States, at aacc.net, cccf.org, or focusonthefamily.com. For helpful ideas, you can read (and apply) books listed on the next page or read or listen to *Core Healing from Trauma*, a biblical counseling workbook for individuals or groups, available on Amazon (<https://cutt.ly/occdejH>). You can also watch "Strengthening Your Core," a 12-week video series on YouTube at <https://cutt.ly/Or6EiiW> or subscribe to my blog at <https://corehealingfromtrauma.com/>.